

# CAREER MAKEOVER GUIDE

Use these thought-starters to begin the process of designing your new career. Take your time with this. If you're not clear on what you're walking away from and what you want to see in your next role, there's a good chance you'll recreate what you're feeling right now. Let's go!

1. What are your top 5 personal requirements (your values + needs)?

2. What don't you like about your current job? What has you feeling annoyed and frustrated? List them here.

3. What aspects about your job do you like/appreciate?

4. What would you love to be doing in your next job and why?

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5. Where would you love to work and why?

6. Describe a time when you felt good about work. What made it great?

7. Define your requirements for the next job:

- What kind of work culture are you looking for?
- What size company is ideal for you?
- What industry excites you? Why?
- What are your geographical requirements?